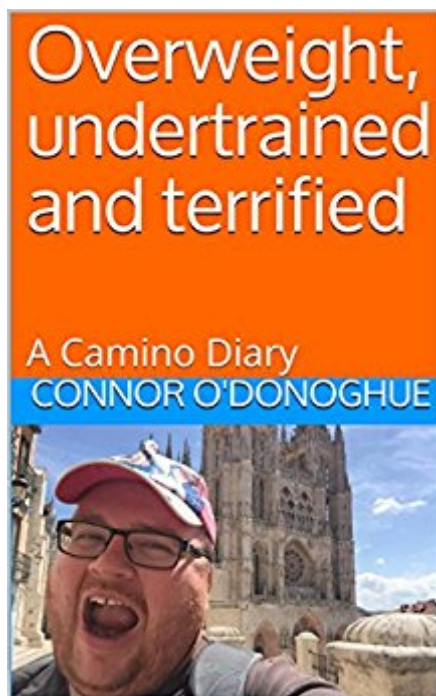




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Overweight, Undertrained And Terrified: A Camino Diary



Synopsis

This is the entertaining and sometimes inspirational story of one morbidly obese 35-year-old Irishman who decides to walk 708 kilometres across the Camino de Santiago, an ancient Christian pilgrimage in Northern Spain one summer. On the journey, he faces a variety of physical and mental obstacles. The book is written in diary format, at turns poignant and funny in a light, pacey style.

Book Information

File Size: 1841 KB

Print Length: 112 pages

Publication Date: May 29, 2017

Sold by: Â Â Digital Services LLC

Language: English

ASIN: B0723HJ5QJ

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #111,068 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #51

in Â Â Kindle Store > Kindle eBooks > Nonfiction > Travel > Europe > Spain & Portugal #138

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Customer Reviews

I love to read stuff by people who write well, and I'd never recommend anything just to be nice. So you can believe me when I say that if you're looking for something funny and inspirational to read, I 100% recommend this book about how the author walked the Camino de Santiago for 33 days last summer. It'll make you laugh, it'll help you learn something new, and it'll make you want to try things you've never done before. Highly recommended.

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